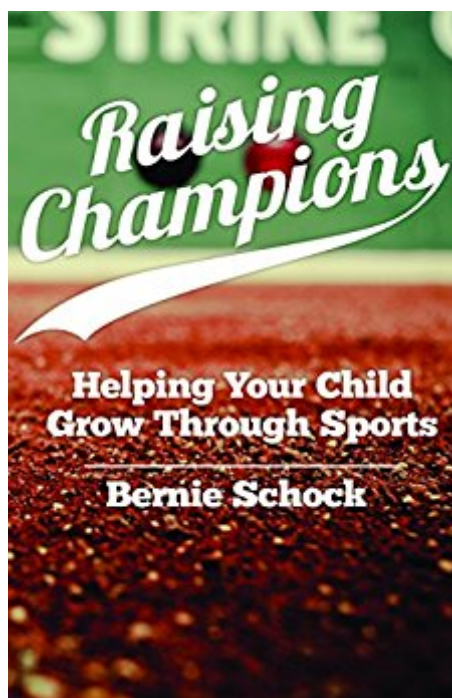


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# Raising Champions: Helping Your Child Grow Through Sports



## Synopsis

American families have doubled down on their commitment to kids' sports. More children are competing—nearly 50% more than 25 years ago and a tenfold increase in high school girls participation between 1970-2000!—More children start earlier. More kids focus year round on one sport. More is demanded of these athletes—more practices, more games, more travel. More is required of their parents—more money, more support, more time. Many parents feel like they're trapped in extra innings and wonder what to do about this flood of more. Bernie Schock has written this book to help parents raise kids whose passion and priority is to be God's champions in this world of more. The apostle Paul reminds us that physical training is of some value, but godliness has value for all things. Children's athletics provide many rich opportunities to help kids grow into men and women who love God whole-heartedly and others selflessly. This book isn't simply Monday morning quarterbacking. Bernie Schock has lived this as a father, a fan, a coach, an athlete, a referee. He admits that, at times, his involvement in sports interfered with his own love for God and others. Thus, this book seeks to direct both children's and parents' hearts. Parents will not be able to help their kids grow through sports until they understand why sports have such a powerful grip on many of them. Children's sports can be a source of great delight—or great pain. But what makes for good and bad experiences? This book seeks to answer that question so that sports can provide rich blessings to children's development—physically, psychologically, socially, and spiritually. Play ball!

## Book Information

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## Customer Reviews

There are many lessons within this book that need to be read by all parents. I have the kindle version--which is incredibly afford. This book is packed with content and is well worth it's weight in gold. Bernie is not only an experienced parent but a genuine human being. This is a must read for any and all parents looking to stay at the forefront of their children's development in sports and even more important--life.

Raising sports active kids is difficult, perhaps more today than ever before. Parents feel pressure to help their kids succeed. "Raising Champions: Helping Your Child Grow Through Sports" by Dr. Bernie Schock will help parents understand that when sports takes on an enormous role, when it works against school, family or faith, then sports has taken on a role it should never have had. Great book!

I read this book as part of a college course. It contains valuable insight into setting and administrating priorities for families that are involved with children's sports. It merges common sense parenting with biblical references in a intellectual and seamless fashion. My only regret is that I did not read this book while my children and I were younger and involved heavily in sports. But, I can use this information while interacting with my grandchild - so, we both win!

Though I'm not a parent nor did I play any organized sports as a child, I think this is a must read for parents with children in sports today. Bernie Schock touches on what I feel is one of the major flaws with youth sports today in his statement "please note that losing can be a powerful instrument for growth in your kids." Instead of rewarding last place with trophies and plaques and giving participation ribbons to everyone, let's use that so called failure as a learning opportunity and preparation for adulthood.

I do not have children but I do plan on having them. Sports are not a major part of my life but this

book highlights many great parenting tips and advise for those who do have children in sports. This book was a very quick and easy read with a lot of great points. Dr Schock brings up many points that I think parents, teachers and coaches look past while influencing a child. If you have contact or plan to have contact with children this is a great book.

This book was very well written. It is a great reminder to all parents that kids in sports that they need to keep their kids level with their walk with God and know what win or lose it is all in the plan. I personally have had the privilege to have great parents that praises me when needed and disciplined me when needed when it came to sports.

This book provides great insight for the parent struggling with how to raise their child in the sports aspect of their life. The author does a fantastic job of explaining this process in light of a Christian perspective. I would recommend the book for any parent with children in athletic programs.

This is a great read, especially if you have young children that are starting to get involved with sports. It really puts into perspective how sports affect both a parents and a child's life and gives you great ways to manage both. Great book by a great author!-Max Bullard

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